

# SUGAR SCRUB

## Recipe:

**1/2 c. sugar + 1/4 c. coconut oil**

1. Add sugar and coconut oil to a bowl and mix together completely.
2. Separate into three equal parts so you can add desired food coloring to each portion.
3. Add 2-3 drops of essential oils.
4. Add 2-3 drops of essential oils.
5. Store in containers.
6. Rub your hands and/or feet with the scrub. Rinse and dry. They will feel so soft!

# SUGAR SCRUB

## Recipe:

**1/2 c. sugar + 1/4 c. coconut oil**

1. Add sugar and coconut oil to a bowl and mix together completely.
2. Separate into three equal parts so you can add desired food coloring to each portion.
3. Add 2-3 drops of essential oils.
4. Add 2-3 drops of essential oils.
5. Store in containers.
6. Rub your hands and/or feet with the scrub. Rinse and dry. They will feel so soft!

# SUGAR SCRUB

## Recipe:

**1/2 c. sugar + 1/4 c. coconut oil**

1. Add sugar and coconut oil to a bowl and mix together completely.
2. Separate into three equal parts so you can add desired food coloring to each portion.
3. Add 2-3 drops of essential oils.
4. Add 2-3 drops of essential oils.
5. Store in containers.
6. Rub your hands and/or feet with the scrub. Rinse and dry. They will feel so soft!

# SUGAR SCRUB

## Recipe:

**1/2 c. sugar + 1/4 c. coconut oil**

1. Add sugar and coconut oil to a bowl and mix together completely.
2. Separate into three equal parts so you can add desired food coloring to each portion.
3. Add 2-3 drops of essential oils.
4. Add 2-3 drops of essential oils.
5. Store in containers.
6. Rub your hands and/or feet with the scrub. Rinse and dry. They will feel so soft!

