

MUSICAL HEARTS VALENTINE'S DAY GAME:

Cut out a bunch of hearts out of colored cardstock paper. Write a different command on each heart. Optional, laminate for more durability.

TO PLAY:

Put all the paper hearts in a circle on the ground with the commands upside down so the kids can't see what the commands are. Play music while the kids walk around the hearts. When the music stops, the kids need to be standing on a heart. Have them pick up the heart and do the command. I like to have more paper hearts on the ground than kids, so the kids are spaced out a little more and don't memorize the commands as easily. Play as long as you'd like or until time is up.

***OPTIONAL:** you could have some of the hearts say "Pick a prize out of the prize bucket" or "win a treat" instead of a command. So combine silly commands with the option for the kids to win prizes/treats on a few of the hearts. What you write on the hearts is up to you!

***FOR YOUNGER KIDS THAT CAN'T READ:** have less commands and put a number on them instead of words and draw a heart for the ones that win a prize/treat. So for example, choose your favorite 3 commands below and when the music stops have the kids turn over the heart they're standing on. Tell everyone with a #1 to "bark like a dog." Tell everyone with a #2 to "do 5 jumping jacks." And everyone with a #3 to "do a robot dance." If they don't have a number and have heart written on the card they win a treat/prize.

COMMAND IDEAS:

1. Jump on one foot while counting to 10
2. Do 5 jumping jacks
3. Do 5 push-ups
4. Bark like a dog 3 times
5. Meow like a cat 3 times
6. Wink at someone
7. Hula dance
8. Show us a ballerina move
9. Moo like a cow 3 times
10. Do a robot dance
11. Plank for 10 seconds
12. High five yourself
13. Show us your best zombie face
14. Make a funny face
15. Smile big
16. Spin in a circle 3 times
17. Show us your best mad face
18. Show us your best sad face
19. Quietly sing the ABC song like a pirate
20. Stand still like a funny statue
21. Dance like a monkey
22. Act like you've been hit by cupid's arrow
23. Do the crab walk
24. Pat your head and rub your tummy at the same time
25. Quietly sing "Twinkle Twinkle Little Star"